

## In This Issue

- What's on
- News
- Hockey and Rugby
- YA's
- Paralympic Festival
- CIS
- Netball

## Web links

[Active Schools Website](#)

[What's on in Selkirk?](#)

[Selkirk News](#)

[Sports Leaders](#)

[Volunteering](#)

[Borders Hockey](#)

[Adistars](#)

## What's going on?

### **Extra Curricular Clubs at Selkirk High School:**

Hockey, Rugby, Table Tennis, Football and Dance.

For more information please visit Selkirk High School's website through <http://www.selkirk.scotborders.sch.uk/activities/activities.htm>

### **Cluster Activity Clubs**

Reece Nichol (Sports Leader) has been trialling an after school club at Selkirk High School for P6/7 pupils on Monday's from 5-6pm. This is to maximise the opportunities available to children in the Selkirk Area and to try out new / different sports. If you would like more information please contact Karen on 07887471126. These will continue after the Christmas Break possibly on a different evening.

### **Community Sports Leaders**

A new group of S5/6 Sports Leaders have been working through the course and are almost ready to start some curriculum work with the local primary schools. This year 12 students are taking the course and have already completed an Emergency Sports First Aid Qualification and an Early Touches Course by Drew Kelly SFA Development Officer.

---

## News

### **Primary Hockey and Rugby Festival**

At the end of September Selkirk P6/7's and P4/5's came together to take part in the hockey and rugby festivals at Selkirk Cricket Club and Selkirk Rugby Club. The P4/5's who took part in the rugby were put into mixed teams (World Cup Format) and played a round-robin tournament in their pools. The hockey was slightly different where they stayed in teams from their schools and played other schools in their pool. Both festivals were well attended with approximately 200 children taking part from the Selkirk Primaries. Well done to Selkirk High School's Community Sports Leaders who assisted with the running of the event and refereeing on the day.

### **SELKIRK'S Young Ambassadors received a powerful message from one of Scotland's strongest sportswomen.**

Olympic hammer thrower Shirley Webb told High School students Alex Clarkson and Bruce Riddell – along with ambassadors from the Borders' eight other secondary schools – that hard work was key to success.

Webb – who was also Gladiator Battleaxe in the hit ITV Saturday primetime show – appeared at the Borders Young Ambassador Conference in Galashiels as part of a programme which aims to see young people inspire

## Contact Me!

### Primary & Secondary Coordinator



**Karen Cornwall**  
kcornwall@bslt.org.uk  
07887471126

**Facebook – like  
'Active Schools  
Selkirk'**

their peers to take up sport using Olympic and Paralympic values.

The scheme, launched after London's successful Olympic bid six years ago, was piloted at Kelso High before being expanded to each secondary school in the region, including Selkirk.

Coordinated by Border Sport and Leisure Trust's active schools team, the day concluded with a workshop on disability sports such as Boccia and an opportunity for the Young Ambassadors to access the official London 2012 educational website Get Set.



From left to right, Karen Cornwall (Active Schools), Shirley Webb, Alex Clarkson and Bruce Riddell.

Alex and Bruce are now working hard on promoting the 2012 Olympics in the Primary Schools and up-dating their Blog on the Get Set Network. Selkirk HS

should hear in January on which events they have been allocated tickets for the Olympics.

## **Paralympic Festival**

Pupils from Galashiels, Selkirk and Earlston Clusters (Primary & Secondary) were invited to attend a Paralympic Festival at Queens Leisure Centre to take part in different activities such as Boccia, New Age Kurling and Athletics. Selkirk High School's Young Ambassador delivered the Boccia and Kurling stations, which all the children thoroughly enjoyed.

## **Small Schools Netball**



Lilliesleaf Primary School took part in the Border Mixed Small Schools Netball Tournament on Wed 16<sup>th</sup> November at Queens Leisure Centre, Galashiels. The team won 2 of their pool games but unfortunately did not progress to the round-robin final. Congratulations to them for playing a great standard of netball and thank you to Miss Dodds for coaching them. Denholm PS went on to be the

eventual winners with Newlands coming very close runners-up.

## **Champions In Schools**

Hockey Internationalist Janet Jack and Scotland's Rugby Player Chris Paterson are this year's allocated champions for two schools in the Selkirk Area. Janet will be working with the P7 classes at Knowepark and Chris will be working with a S1 or S2 class at Selkirk High School. The programme is to be piloted in three high schools this year and Selkirk HS is one of these. The 1<sup>st</sup> visit will be all about Goal Setting, Janet is hoping to the Knowepark pupils can set some goals for Sport Relief and run their own project in March/April time.

## **Extra Fun Break and Lunchtime sessions for Valley schools**

Ettrick and Yarrow Primary Schools senior pupils have now completed their playground leaders training through Active Schools and Mrs Brown. They have plans to provide games rota sessions during their break and lunchtimes. A great way for small schools who have no indoor facilities to get some extra curricular sessions underway. Well done to Lewis, Angus

and Andrew.

---

## **ACTIVE SCHOOLS GLORY SECTION**

### **SHOOTING**

With the Olympics and Commonwealth games coming up we (Active Schools and Young Ambassadors) thought it would be a good idea to recognise some pupils who have been performing well in different sports.



Darren Brown got the results from Colbury, Southampton on Wednesday night and Darren won the 'C' class competition with a 392 out of 400, for this he receives a Gold Medal, Cloth Badge , Metal Badge and 500 rounds of Eley Match ammunition (worth £75).

This was a very good result as he was up against 50 other shooters (99% being adults) in round 1, and the top 20 shot in the final.

### **HOCKEY**

Congratulations to Morven Cawthorn and Skye Sheil who have been selected to attend the Scottish U16 Development squad. Emily Newlands will continue training with Scottish U18 team. Also, a huge well done to those girls plus Alex Clarkson and Vicky Ross who represented Selkirk High Schools at the Interdistrict tournament in November.

---

## **Up and Coming Events**

Tuesday 6<sup>th</sup> December (pm) Swimming Gala at Selkirk LC

Wednesday 7<sup>th</sup> December 7pm-9pm Early Years Training Course for staff at Balmoral PS, Galashiels

Wednesday 25<sup>th</sup> January 3.30-6pm Gala & Selkirk Area Netball Tournament at Queens Leisure Centre, Galashiels

Wednesday 8<sup>th</sup> February 9.30am-1pm Area Netball Finals at Queens Leisure Centre, Galashiels

Wednesday 22<sup>nd</sup> February 4.30-6pm Club Golf Training Course for teachers, volunteers & senior pupils at Selkirk HS

Thursday 8<sup>th</sup> March 10-11.30am Paralympic Festival at Queens Leisure Centre, Galashiels

**\*\*\*FACEBOOK PAGE!\*\*\***

“Like” the Active Schools Selkirk page on Facebook to receive regular news updates.